

To our patients & community,

As we closely monitor the COVID-19 coronavirus, All Star Physical Therapy remains committed to providing our patients physical, occupational and speech therapy. While this is an uncertain time for everyone, we want you to know the health and safety of our patients, staff and community is our top priority. As medical providers we take your health extremely seriously.

At this time, your All Star Physical Therapy clinic is open and providing care for patients. We have implemented additional measures to ensure a clean and safe environment for therapy such as increased frequency of disinfecting of all office, therapy and fitness surfaces. We are also adhering to social distancing recommendations and are utilizing the space we have to further spread out while providing therapy. All Star has and will continue to offer private treatment rooms for any patient for any reason. If you would like a private treatment room please don't hesitate to ask. Furthermore, we are also exploring the option of providing telehealth via Skype, Facetime, and similar platforms and will have more details soon. Again, your health and well-being are our top priority.

We also want to urge everyone the continued practice of precautions advised by the CDC and the World Health Organization (WHO) including:

- Wash hands frequently with soap and water for at least 20 seconds. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol covering all surfaces of your hands and rubbing them together until they feel dry.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with individuals who are sick.
- Stay home if you are sick. Remain home for at least 24 hours after you no longer have a fever or signs of a fever such as chills, feeling warm or flushed appearance.
- Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in the trash and immediately wash your hands. If a tissue is not available use the inside of your elbow to cover your mouth and nose when coughing or sneezing.
- Clean and disinfect frequently touched surfaces daily including tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets and sinks.

For more information please visit the CDC and WHO websites at www.cdc.gov and www.who.int.

If you are sick or experiencing any symptoms related to illness, such as a fever or cough, please refrain from visiting All Star Physical Therapy. If you have an appointment, please call us and we will be happy to reschedule. It is important that each of us, including you, does our part to keep our community safe and healthy.

If you have any questions or concerns regarding your treatment, please don't hesitate to call. We are always happy to help and remain wholeheartedly committed to our patients, their families and our community.

Sincerely,

All Star Physical Therapy, Inc.